





ARE YOU OVERFEEDING YOUR DOG?

Treats should be limited to no more than 10% of the recommended daily calorie intake. Seemingly small treats that you give to your dog at the table can in fact turn out to be the equivalent of a sizable meal. If these are not included in your calculations of your dog's daily food ration there is a serious risk of causing obesity. **Remember to adjust the daily food intake accordingly.**

Nutrition information is based on popular name brands.

Food	Quantity	Calories	Excess Caloric Intake (%)*	Equivalent in Doughnuts for Humans**
 Ham	2 oz (2 slices)	70	11%	
 Cheese	1 oz	120	18%	
 Bread	1.7 oz	130	20%	
 Chips	1 oz	160	24%	
 Hotdog	2 oz	170	26%	
 Liver Treats	2 oz	199	30%	
 Dried Pig Ear	1.8 oz	216	33%	
 Bacon Strip Treats	3 oz	297	45%	
 Rawhide Bone	6.7 oz	664	100%	

*% of daily energy intake recommended for a 20 kg (44 lb) dog

**Equivalent number of 200 calorie doughnuts for a person on a 2,000 calorie diet